



UKS2 – Year 5 & 6: A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Invasion games *	Body Management	Fundamental movement skills & inclusive activities	Striking and field games	Athletics	Outdoor Adventurous Activities
Session 1	Real PE Unit 1 – cognitive – End ball / netball and basketball. End each lesson with inclusive games.	Swimming	Real PE Unit 2 – creative – seated volleyball and handball	Real PE unit 5 – health and fitness – Dodgeball	Tennis/ badminton	Rounders
Session 2	Tag Rugby /Hockey	Real Dance	Real Gymnastics	Focus on hand-eye coordination in batting, throwing and catching through cricket.	Athletics - Learning and applying peer coaching activities whilst learning jump, running and throwing events.	Orienteering and tri-golf (Archery and wide games year B)

The school games values system to be embedded in learning of all units.
Children to be recognised for showing: teamwork, passion, determination, honesty, self-belief and respect.

*moved to incorporate Northampton Saints lessons 2022/23