

Sports and PE Curriculum Map 2022-23 – Year A

EYFS: A and B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Fundamental movement skills	Fundamental movement skills	Body Management – fine and gross motor skills	Catching and Throwing	Gross Motor skills	Team Work
Session 1	Real PE unit 2 – social – improving balance & agility in fun activities	Real PE unit 1 – personal – improving coordination through fun activities.	Real Gymnastics	Real PE unit 4 – creative – ball skills	Unit 5 – physical – sending and receiving	Unit 6 – health and fitness – agility and balance
Session 2	Inclusive games focusing on rolling and throwing – for example goal ball and personal challenges.	Real PE unit 3 – balance	Real Dance	Hand-eye coordination in team games such as sitting volleyball and Cricket.	Athletics – focus on coordination whilst learning running, throwing and jumping events.	Parachute games, relays and small end games.

The school games values system to be embedded in learning of all units.

Children to be recognised for showing: teamwork, passion, determination, honesty, self-belief and respect.



KS1 – Year 1 & 2: A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Fundamental	Invasion games –	Body Management	Striking and	Athletics	Outdoor
	movement skills	throwing and		Fielding games		adventurous
		catching focus				activities
Session 1	Year 1 Real PE unit	Year 1 unit 4 –	Real Gymnastics	Year 1 Real PE	Year 1 real PE unit 2	Year 1 Real PE unit
	1 – personal–	creative -		unit5 – physical –	– Social – balance	6 – health and
	coordination	coordination ball		sending and	and agility jumping	fitness – agility and
	through fun games.	skills		receiving	and landing	balance
Session 2	Inclusive games focusing on rolling and throwing – such as goal ball and personal challenges.	Throwing and catching in football, netball, rugby and basketball activities	Real Dance	Hand -eye coordination focus: batting and throwing in cricket and rounders activities	Learning and applying peer coaching activities whilst learning jump, running and throwing events.	Focus on team work: learn basic skills in archery, orienteering and wide games.

The school games values system to be embedded in learning of all units.

Children to be recognised for showing: teamwork, passion, determination, honesty, self-belief and respect. (Year 2 Real PE taught in Year B)



LKS2 – Year 3 & 4: A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Invasion games *	Fundamental movement skills	Body management	Striking and field games	Athletics	Outdoor Adventurous Activities
Session 1	Year 3 Real PE Unit 5 – physical – reaction and response agility. Finishing each lesson with inclusive games.	Year 3 Real PE unit 1 – personal – footwork coordination.	Swimming	Year 3 Real PE Unit 4 – Creative – coordination sending and receiving.	Year 3 Real PE – Unit 2 – social – jumping and landing.	Year 3 Real PE Unit 6 – Health and Fitness – ball chasing.
Session 2	Tag Rugby /Hockey (Netball/basketball year B)	Real Dance	Real Gymnastics	Focus on hand-eye coordination in batting, throwing and catching through tennis, badminton, rounders and cricket activities.	Learning and applying peer coaching activities whilst learning jump, running and throwing events – Athletics	Orienteering and tri-golf (Archery and wide games year B)

The school games values system to be embedded in learning of all units.

Children to be recognised for showing: teamwork, passion, determination, honesty, self-belief and respect.

*moved to incorporate Northampton Saints lessons 2022/23 (Year 4 Real PE taught in Year B)



UKS2 – Year 5 & 6: A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Theme	Invasion games *	Body Management	Fundamental movement skills & inclusive activities	Striking and field games	Athletics	Outdoor Adventurous Activities
Session 1	Real PE Unit 1 – cognitive – End ball / netball and basketball. End each lesson with inclusive games.	Swimming	Real PE Unit 2 – creative – seated volleyball and handball	Real PE unit 5 – health and fitness – Dodgeball	Tennis/ badminton	Rounders
Session 2	Tag Rugby /Hockey	Real Dance	Real Gymnastics	Focus on hand-eye coordination in batting, throwing and catching through cricket.	Athletics - Learning and applying peer coaching activities whilst learning jump, running and throwing events.	Orienteering and tri-golf (Archery and wide games year B)

The school games values system to be embedded in learning of all units.

Children to be recognised for showing: teamwork, passion, determination, honesty, self-belief and respect.

*moved to incorporate Northampton Saints lessons 2022/23